

ADVANCING EQUITABLE ACCESS TO NUTRITION FOR ALL FOOD SYSTEMS WORKERS

TOKYO
**NUTRITION
FOR GROWTH**
SUMMIT 2021

Food, Health, & Prosperity for All



Investing in rural people



Evidence for Workforce Nutrition

N4G Side Event: Advancing equitable access to nutrition for all food systems workers

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BETTER NUTRITION. FOR WORKERS AND FARMERS.

Nourished workers is a win win for both employees and employers

- 1 in 3 people globally suffer from malnutrition
- Consequences of poor diets affect health and in turn productivity (absenteeism, accidents, mistakes, etc.)
- 58% of the world population will spend one third of their time at work for the duration of their adult life

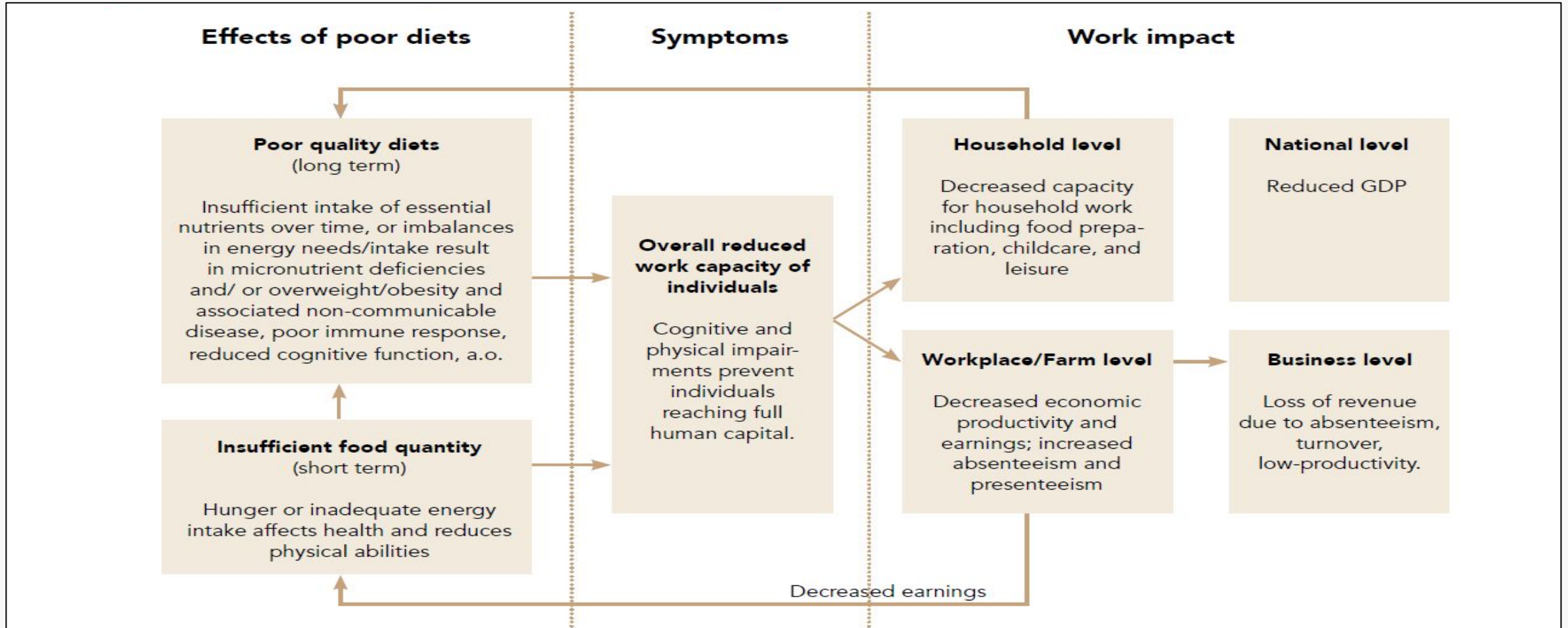


Figure 1: The Effects of Poor Diets on Work Output. Model adapted by GAIN from Collins and Roberts, 1988, and additional links from subsequent research from Victora et al., 2008, Gibson, 2013, Hoddinott et al. 2013 and Drake and Walker, 2004, and Haas and Brownlie, 2001.

Bangladesh garment factories showed significant **reductions in anemia** among female garment with **fortified rice and other meal improvements** in mid day meals



Healthy food at work

Healthy food at work focuses on increasing employees' access to healthy and safe foods at work

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Nutrition education

Nutrition education aims to change the nutrition and/or lifestyle behaviours of employees through increasing employees' knowledge of beneficial health habits

Moderate improvements in **dietary diversity scores** among tea workers in India and Kenya



Nutrition-focused health checks

Systematic review show positive evidence for **improved management of diabetes** when coupled with follow up counseling

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In the US, workplace BF programs have shown a **3:1 ROI** for employers



Breastfeeding support

Breastfeeding support: programmes or company policies which enable working mothers to breastfeed exclusively for 6 months and continually up to 2 years

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The 'Business Case' for Workforce Nutrition

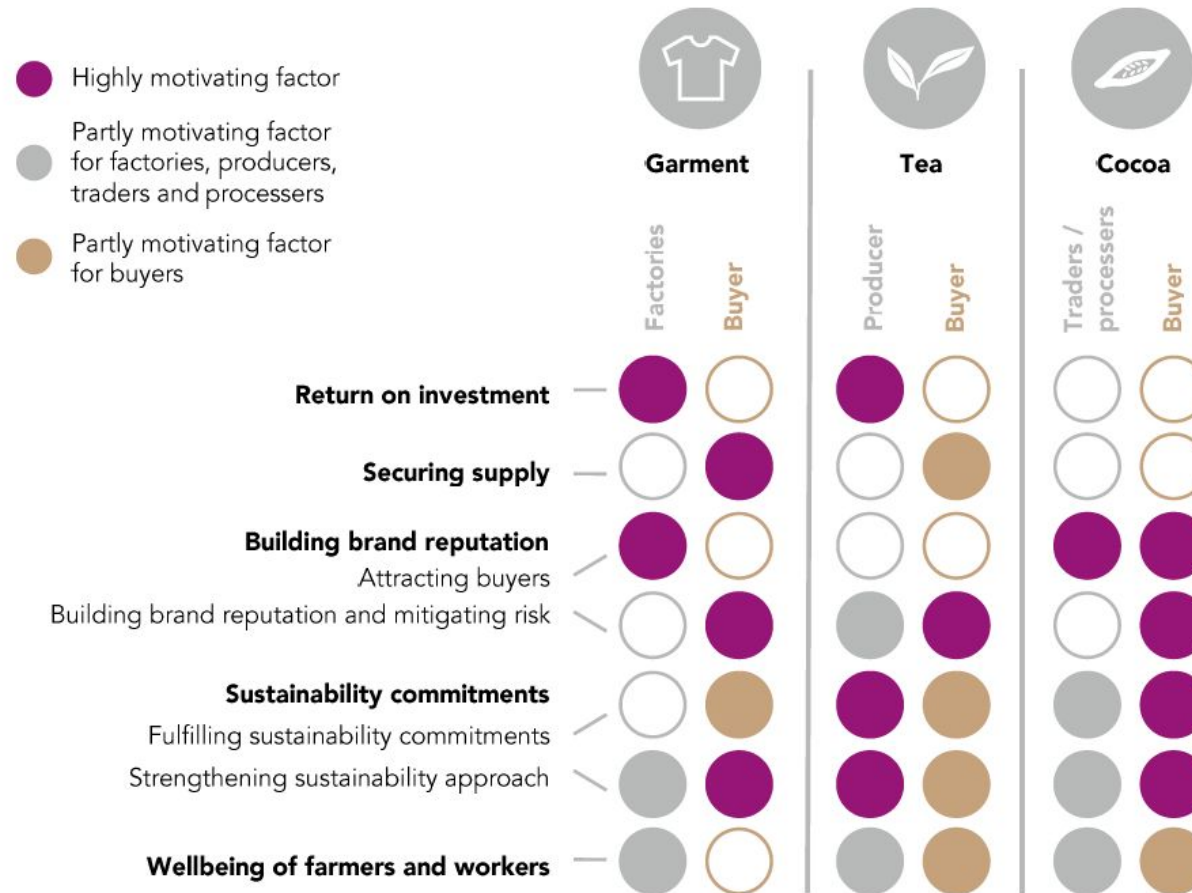


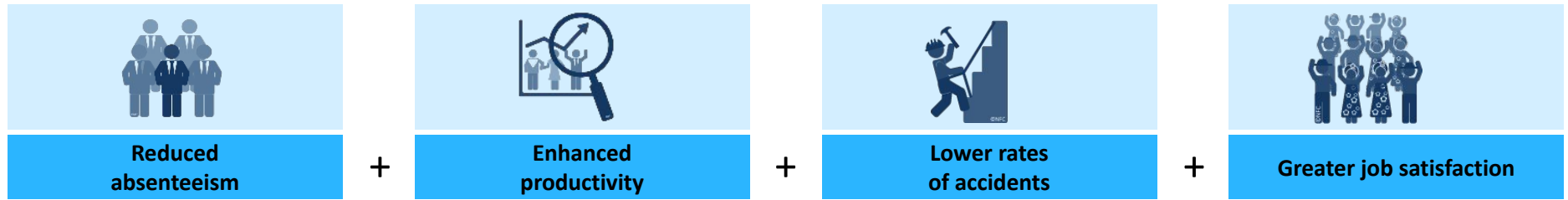
Figure 4: Motivations for companies to invest in nutrition programmes in their value chains, based on in-depth interviews

Resources: The Workforce Nutrition Alliance (WNA) helps the employers set up effective WFN programs

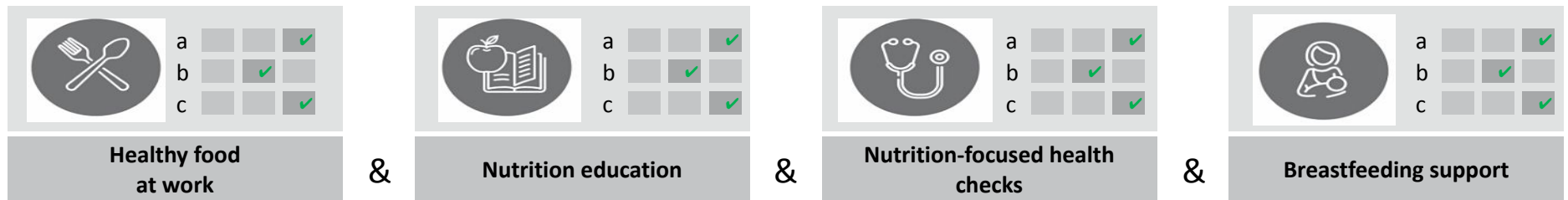


Executive Summary

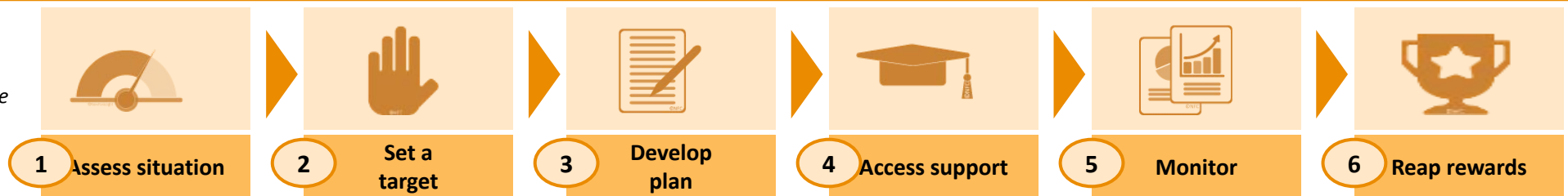
Workplace nutrition programmes have significant benefits for employees, employers and the society



The WFNA scorecard makes it easy to assess where you stand and where you want to go



We help you to set up or improve your workforce nutrition program in 6 easy steps



Your journey to become a workforce nutrition champion is about to start with the WFNA





Workforce Nutrition Alliance

<https://bit.ly/WorkforceNutritionSignUp>

www.workforcenutrition.org





Better nutrition.
FOR WORKERS AND FARMERS.

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